



plaintiff contends that denying him Interferon therapy amounts to deliberate indifference to his serious medical needs. (Complaint, ¶ IV, p. 3)

## ANALYSIS

### Exhaustion

Under the Prison Litigation Reform Act (PLRA), a prisoner is required to exhaust all available administrative remedies before filing a § 1983 action in district court. *See* 42 U.S.C. § 1997e(a); *Booth v. Churner*, 532 U.S. 731, 733 (2001); *Brown v. Toombs*, 139 F.3d 1102, 1103-04 (6<sup>th</sup> Cir. 1998). The exhaustion requirement of § 1997e(a) is “mandatory,” and “prisoners must exhaust [available] grievance procedures before filing suit in federal court even though the remedy sought is not an available remedy in the administrative process.” *Wyatt v. Leonard*, 193 F.3d 876, 877-78 (6<sup>th</sup> Cir. 1999).

Before the district court may adjudicate any claim set forth in a prisoner’s complaint, it must first determine that the plaintiff has complied with this exhaustion requirement. *Brown*, 139 F.3d at 1004. To establish that he has exhausted his administrative remedies, a prisoner-plaintiff must show that he presented his grievance(s) “through one complete round” of the established grievance process. *Thomas v. Woolum*, 337 F.3d 720, 733 (6<sup>th</sup> Cir. 2003). A prisoner does not exhaust available administrative remedies when he files a grievance but “d[oes] not appeal the denial of that complaint to the highest possible administrative level.” *Wright v. Morris*, 111 F.3d 414, 417 n. 3 (6<sup>th</sup> Cir. 1997), *cert. denied*, 522 U.S. 906 (1997); *see also Freeman v. Francis*, 196 F.3d 641, 645 (6<sup>th</sup> Cir. 1999). Neither may a prisoner abandon the process before completion and then claim that he exhausted his remedies, or that it is now futile for him to do so. *See Hartsfield v. Vidor*, 199 F.3d 305, 309 (6<sup>th</sup> Cir. 1999) (citing *Wright*, 111 F.3d at 417 n. 3).

The prisoner has the burden of demonstrating that he has exhausted his administrative

remedies *Brown*, 139 F.3d at 1004. To establish that he has exhausted his administrative remedies prior to filing suit, a prisoner should attach to his complaint a copy of any decision demonstrating the administrative disposition of his claims. See *Knuckles El v Toombs*, 215 F.3d 640, 642 (6<sup>th</sup> Cir. 2000); *Wyatt*, 193 F.2d at 878; *Brown*, 139 F.3d at 1104. However, where no documentation is provided, absent particularized averments regarding the nature of the administrative proceedings and their outcome, the action must be dismissed under § 1997(e). *Knuckles El*, 215 F.3d at 642.

The plaintiff has provided a copy of a grievance that he claims to have filed regarding this matter. (Complaint, Attach. Griev.) However, it cannot be determined from the copy that the plaintiff actually filed the grievance, *i.e.*, there are no signatures, dates, or any other entries on the copy that would indicate that the grievance has been submitted to/reviewed by competent authority. Moreover, the plaintiff does not provide any information in the body of the complaint that would assist the court in determining whether he actually filed his grievance, much less that he pursued it through one complete round of the administrative process. Finally, the outcome of the alleged grievance proceedings cannot be determined. On the contrary, in the body of the complaint where the plaintiff is asked to specify the results of his grievance, he simply writes “unknown.” (Complaint, ¶ II.C.2, p. 2)

For the reasons explained above, the plaintiff has failed to establish that he exhausted his administrative remedies prior to bringing this action in district court. Because a “prisoner may not exhaust administrative remedies during the pendency of the federal suit,” *Freeman*, 196 F.3d at 645, and because under the PLRA “courts have no discretion in permitting a plaintiff to amend a complaint to avoid a *sua sponte* dismissal,” *Baxter v. Rose*, 305 F.3d 486, 488-490 (6<sup>th</sup> Cir. 2002); *McGore v. Wrigglesworth*, 114 F.3d 601, 612 (6<sup>th</sup> Cir. 1997), the plaintiff’s complaint normally would be dismissed at this juncture without prejudice for failure to exhaust his administrative

remedies. However, where, as here, the claims satisfy the provisions of 42 U.S.C. § 1915(e)(2), the claims may be dismissed on the merits without requiring exhaustion if they are frivolous, malicious, or fail to state a claim on which relief may be granted. *See* 42 U.S.C. § 1997e(c)(2); *Brown*, 139 F.3d at 1103-04.

#### Analysis Under 28 U.S.C. § 1983

To state a claim under § 1983, the plaintiff must allege and show: 1) that he was deprived of a right secured by the Constitution or laws of the United States; and 2) that the deprivation was caused by a person acting under color of state law. *Parratt v. Taylor*, 451 U.S. 527, 535 (1981) (overruled in part by *Daniels v. Williams*, 474 U.S. 327, 330 (1986)); *Flagg Bros. v. Brooks*, 436 U.S. 149, 155-56 (1978); *Black v. Barberton Citizens Hosp.*, 134 F.3d 1265, 1267 (6<sup>th</sup> Cir. 1998). Both elements of this two-part test must be met to support a claim under § 1983. *See Christy v. Randlett*, 932 F.2d 502, 504 (6<sup>th</sup> Cir. 1991).

Under the Prison Litigation Reform Act (PLRA), the Court is required to dismiss a prisoner-plaintiff's complaint if it is determined to be frivolous, malicious, or if it fails to state a claim on which relief may be granted. 28 U.S.C. § 1915A(b). A complaint is frivolous and warrants dismissal when the claims "lack[] an arguable basis in law or fact." *Neitzke v. Williams*, 490 U.S. 319, 325 (1989). A claim lacks an arguable basis in law or fact if it contains factual allegations that are fantastic or delusional, or if it is based on legal theories that are indisputably meritless. *Id.* at 327-28; *Brown v. Bargery*, 207 F.3d 863, 866 (6<sup>th</sup> Cir. 2000); *see also Lawler v. Marshall*, 898 F.2d 1196, 1198-99 (6<sup>th</sup> Cir. 1990). Although *pro se* complaints are to be construed liberally by the courts, *see Boag v. MacDougall*, 454 U.S. 364, 365 (1982), under the PLRA, "courts have no discretion in permitting a plaintiff to amend a complaint to avoid a *sua sponte* dismissal," *McGore*

*v. Wrigglesworth*, 114 F.3d 601, 612 (6<sup>th</sup> Cir. 1997).

To establish a violation of his constitutional rights resulting from a denial of adequate medical care, the plaintiff must show that the defendants were deliberately indifferent to his serious medical needs. *Estelle v. Gamble*, 429 U.S. 97, 106 (1976); *Brooks v. Celeste*, 39 F.3d 125, 127 (6<sup>th</sup> Cir. 1994). “Deliberate indifference” is the reckless disregard of a substantial risk of serious harm; mere negligence, or even gross negligence, will not suffice. *Farmer v. Brennan*, 511 U.S. 825, 835-36 (1994); *Williams v. Mehra*, 186 F.3d 685, 691 (6<sup>th</sup> Cir. 1999) (*en banc*); *Westlake v. Lucas*, 537 F.2d 857, 860-61 n. 5 (6<sup>th</sup> Cir. 1976); *see also Estelle*, 429 U.S. at 105-06.

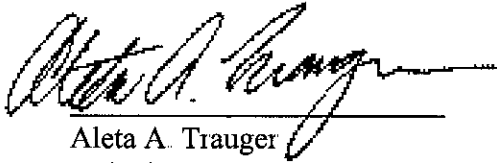
An Eighth Amendment claim of denial of adequate medical care has both an objective and subjective component. The objective component requires that the plaintiff’s medical needs were sufficiently serious. *See Rhodes v. Chapman*, 452 U.S. 337 (1981); *Hunt v. Reynolds*, 974 F.2d 734, 735 (6<sup>th</sup> Cir. 1992). The subjective component requires that the defendants were deliberately indifferent to the plaintiff’s medical needs. *See Wilson v. Seiter*, 501 U.S. 294 (1991); *Hunt*, 974 F.2d at 735. However, complaints of malpractice or allegations of negligence are insufficient to entitle a plaintiff to relief. *Estelle v. Gamble*, 429 U.S. at 105-06. Moreover, a prisoner’s difference of opinion regarding diagnosis or treatment does not rise to the level of an Eighth Amendment violation. *Id.* at 107. Finally, where a prisoner has received some medical attention, but disputes the adequacy of that treatment, the federal courts are reluctant to second-guess the medical judgments of prison officials and constitutionalize claims that sound in state tort law. *Westlake v. Lucas*, 537 F.2d 857, 860 n. 5 (6<sup>th</sup> Cir. 1976).

The plaintiff concludes the factual allegations in his complaint with the following statement: “I am not claiming or stating . . . [that] I have been denied medical treatment, I am claiming . . . [that

the defendants have] been deliberately indifferen[t] to [the] proper treatment for Hepatitis 'C '"  
(Complaint, ¶ IV, p. 3) From this statement, it is clear that the plaintiff merely disputes the adequacy of the treatment that he is being provided. As noted above, however, the courts will not second guess the medical judgment of prison officials and constitutionalize claims that are more properly brought in the state courts under state tort law.

As reasoned above, the plaintiff's complaint lacks an arguable basis in law or fact. Therefore, the complaint will be dismissed as frivolous.

An appropriate Order will be entered.



Aleta A. Trauger  
United States District Judge